

WHO ARE WE?

NFI North was created at a time when people who had mental health needs were institutionalized due to a lack of community services. As a result of this widespread practice, people's lives and futures were adversely affected.

Today, stigma and discrimination still exist—but as millions of us raise our voices, harmful misconceptions are beginning to decrease. NFI North believes that people thrive best on their own and in their community. We provide services that empower and inspire people to reach their full potential.

NFI North provides an array of services across Maine and New Hampshire. The agency is an accredited, well-recognized, high-quality, nonprofit organization whose focus is on helping people help themselves. We accomplish this by providing specialized education, counseling, supported employment, care management, foster care, residential services, as well as many other services designed to meet the needs of the people we serve.







- Participant driven services
- Each person has unique strengths, needs, and ideas
- People are capable of positive change and positive impact
- The best care is trauma-informed, individualized, and holistic







- Education and skill-building are essential for sustainable growth
- Open, honest, ongoing communication is done in an environment of respect and dignity
- Treatment approaches are guided by cultural, linguistic, and genderresponsive competencies



ABOUT INDIVIDUAL SERVICE OPTION

As part of NFI North and created in 2009. Individual Service Option (ISO) serves New Hampshire's children and their families by providing intensive wraparound services in their homes, foster homes and community. The program works with children with physical and emotional health needs. Services and supports are customized to meet the specific needs of the child. The goal of ISO is to promote family self-sufficiency and to connect families to supports within the community. We are a child-placing agency which means we are licensed to recruit, train and recommend foster families for licensure to the Division for Children, Youth and Families. Our highly trained professionals provide support and training for families to help provide children with a structured, nurturing environment for optimal growth. Family members are a part of the treatment team and are empowered to take an active role in the treatment of their child. Through both evidence-based models and therapeutic foster care programs, NFI North builds upon the strengths of each unique family resulting in lifelong family ties and successes.

WHAT WE DO

Our mission is to foster hope and empower children, youth and families to thrive and create lasting connections in their homes and communities. For children and families, we provide intensive support services for children in their homes including homebased counseling. And for the foster families, we provide specialized training prior to the placement of a child, frequent visits from our professional staff, 24-hour on-call support, and ongoing opportunities for education and training. We provide both planned and emergency respite, parent support groups and assistance with each child's individualized needs. In addition, we help connect the foster family to community resources to support the success of each child and we provide a full monthly stipend for the care of the child.

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DEBORAH WEEKS, PROGRAM DIRECTOR

Whether it's for a few weeks, or months, or years, a foster home is a place where a child can find refuge at a time when it's easy for them to feel lost and unloved. All children need a safe and caring home with a loving caregiver to grow and thrive. For children working through significant trauma, a foster home is a bridge to love and security at a time when they need it most. Our focus is on providing a caring family for every child we serve.

FOR MORE INFORMATION

Please call (603) 575-5667 or email the Program Director at DeborahWeeks@nafi.com.