

ABOUT TRANSITIONAL ENHANCED CARE COORDINATION



Serving youth ages 6-21 and their families with transitions into and out of residential care or psychiatric hospitalization.

TRANSITIONS CAN BE TOUGH

When a youth requires an episode of out-of-home treatment, navigating that process can be overwhelming.

The Transitional Enhanced Care Coordination (TrECC) program is designed to help youth and families get the right level of treatment at the right time, and to help monitor the episode to ensure that treatment addresses the underlying issues.

TrECC works closely with the youth, family, and community to ensure that the transition home is well-planned, with the right supports in place to allow both the youth and families to succeed together.



OUR GOAL IS TO PROVIDE EACH FAMILY WITH A TIMELY, HIGHLY PERSONALIZED PLAN TO ASSIST THEM THROUGH TURBULENT TIMES. YOU CAN CONSIDER US A GUIDE, HELPING TO NAVIGATE THROUGH COMPLICATED TIMES."

JULIE PERRON,
PROGRAM DIRECTOR

TrECC helps youth & families:

- Navigate
- Communicate
- Assess
- Plan
- Regain Hope
- Reach their Treatment Goals
- Return to a Healthier Life Together

FOR MORE INFORMATION

Please call (603) 729-0063 or email the Program Director at JuliePerron@nafi.com.



NFI North

Inspiring and empowering people to reach their full potential and live successfully in their community

WHO ARE WE?

NFI North was created at a time when people who had mental health needs were institutionalized due to a lack of community services. As a result of this widespread practice, people's lives and futures were adversely affected.

Today, stigma and discrimination still exist—but as millions of us raise our voices, harmful misconceptions are beginning to decrease. NFI North believes that people thrive best on their own and in their community. We provide services that empower and inspire people to reach their full potential.

NFI North provides an array of services across Maine and New Hampshire. The agency is an accredited, well-recognized, high-quality, nonprofit organization whose focus is on helping people help themselves. We accomplish this by providing specialized education, counseling, supported employment, care management, foster care, residential services, as well as many other services designed to meet the needs of the people we serve.



MISSION FOCUSED



HIGHLY QUALIFIED STAFF



**IN HOME & IN
COMMUNITY SERVICE
DELIVERY**



**INDIVIDUALIZED &
FAMILY FOCUSED
SERVICES**

OUR BELIEFS

- Participant driven services
- Each person has unique strengths, needs, and ideas
- People are capable of positive change and positive impact
- The best care is trauma-informed, individualized, and holistic
- Education and skill-building are essential for sustainable growth
- Open, honest, ongoing communication is done in an environment of respect and dignity
- Treatment approaches are guided by cultural, linguistic, and gender-responsive competencies