



NFI North

Inspiring and empowering people to reach their full potential and live successfully in their community

WHO ARE WE?

NFI North was created at a time when people who had mental health needs were institutionalized due to a lack of community services. As a result of this widespread practice, people's lives and futures were adversely affected.

Today, stigma and discrimination still exist—but as millions of us raise our voices, harmful misconceptions are beginning to decrease. NFI North believes that people thrive best on their own and in their community. We provide services that empower and inspire people to reach their full potential.

NFI North provides an array of services across Maine and New Hampshire. The agency is an accredited, well-recognized, high-quality, nonprofit organization whose focus is on helping people help themselves. We accomplish this by providing specialized education, counseling, supported employment, care management, foster care, residential services, as well as many other services designed to meet the needs of the people we serve.



MISSION FOCUSED



HIGHLY QUALIFIED STAFF



**IN HOME & IN
COMMUNITY SERVICE
DELIVERY**



**INDIVIDUALIZED &
FAMILY FOCUSED
SERVICES**

OUR BELIEFS

- Participant driven services
- Each person has unique strengths, needs, and ideas
- People are capable of positive change and positive impact
- The best care is trauma-informed, individualized, and holistic
- Education and skill-building are essential for sustainable growth
- Open, honest, ongoing communication is done in an environment of respect and dignity
- Treatment approaches are guided by cultural, linguistic, and gender-responsive competencies

ABOUT THE CONTOOCCOOK SCHOOL

As part of NFI North and founded in 2000, the Contoocook School has become one of the most innovative providers of special education for youth requiring behavioral health services and special education services. Our passion for finding and implementing the most effective solutions burns bright. It's fueled by the support of donors, volunteers, families, foster and adoptive parents, state and town officials and individuals who are drawn to the school by our results.

We are a fully certified, co-ed special education middle /high school. We specialize in advancing the educational goals of youth with behavioral health needs. Students work within a positive peer culture to develop the skills that will help them to be successful - at work, in their families and, whenever possible, back in their own school district.

We provide a full curriculum, following the New Hampshire Minimum Standards and are licensed both as a Nonpublic School and a Special Education Program by the State of New Hampshire's Department of Education.

WHAT WE DO

We understand that people are social and have a deep-rooted desire to belong, so we create positive, pro-social opportunities where students can turn for a sense of belonging. We believe that with the right support, teaching, coaching, and nurturing, everyone can advance and realize their goals. and that the earlier a young person and their family can access services, the more effective it can be. Early intervention can help young people to stay on track to achieving their life goals. Our program provides services to the whole person.

We have a 180-day school year and an optional Extended School Year (ESY) through July/August and small, comfortable classroom environments to allow students to concentrate on their studies and to



THE CONTOOCCOOK SCHOOL IS MORE THAN JUST A SCHOOL – IT'S A COMMUNITY. WE PROVIDE A SAFE, SUPPORTIVE ENVIRONMENT WHERE STUDENTS CAN TRANSCEND THEIR LABELS, GROW FROM THEIR STRENGTHS, AND SOAR TO HEIGHTS THEY NEVER THOUGHT POSSIBLE."

HEIDI FOISY, PROGRAM DIRECTOR

minimize distractions. We take pride in our open and supportive teaching environments that encourage student participation and build a strong sense of community within the school. Our learning experiences are designed to engender personal development socially, behaviorally, and academically.

FOR MORE INFORMATION

Please call (603) 746-7702 or email the Program Director at HeidiFois@nafi.com
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