



NFI North

Inspiring and empowering people to reach their full potential and live successfully in their community

WHO ARE WE?

NFI North was created at a time when people who had mental health needs were institutionalized due to a lack of community services. As a result of this widespread practice, people's lives and futures were adversely affected.

Today, stigma and discrimination still exist—but as millions of us raise our voices, harmful misconceptions are beginning to decrease. NFI North believes that people thrive best on their own and in their community. We provide services that empower and inspire people to reach their full potential.

NFI North provides an array of services across Maine and New Hampshire. The agency is an accredited, well-recognized, high-quality, nonprofit organization whose focus is on helping people help themselves. We accomplish this by providing specialized education, counseling, supported employment, care management, foster care, residential services, as well as many other services designed to meet the needs of the people we serve.



MISSION FOCUSED



HIGHLY QUALIFIED STAFF



**IN HOME & IN
COMMUNITY SERVICE
DELIVERY**



**INDIVIDUALIZED &
FAMILY FOCUSED
SERVICES**

OUR BELIEFS

- Participant driven services
- Each person has unique strengths, needs, and ideas
- People are capable of positive change and positive impact
- The best care is trauma-informed, individualized, and holistic
- Education and skill-building are essential for sustainable growth
- Open, honest, ongoing communication is done in an environment of respect and dignity
- Treatment approaches are guided by cultural, linguistic, and gender-responsive competencies

ABOUT TRANSITIONAL HOUSING SERVICES

NFI North provides transitional housing services in Concord, Bradford, Bethlehem, Ashland and Manchester, New Hampshire. Each location offers a complement of clinical, medical, vocational and residential options for adult men and women with mental health challenges.

Our goal is to help these individuals achieve independence by successfully obtaining meaningful employment and transitioning into their own apartment, a family home, a group home or other such desired living arrangement. Individuals are often in need of additional support and coaching prior to moving back to their home community. Many of the participants lack the financial resources and the support network necessary to obtain housing.

We employ a comprehensive approach to service delivery driven by participant involvement.

WHAT WE DO

Transitional housing refers to a supportive – yet temporary – type of accommodation that is meant to bridge the gap to successful permanent housing by offering structure, supervision, support, life skills, and in some cases, education and training. It is meant to provide a safe, supportive environment where participants can overcome trauma, begin to address the issues that led to difficulties, and begin to rebuild their support network.

The services offered at THS are designed to be responsive to the unique needs of the individual and to effectively engage natural, community, and family support systems so that community integration is wholly obtainable. Psychiatric services, medication management, clinical services, medical services, case management, specialized and co-occurring treatment services, vocational and day treatment services are provided. We implement evidence-based practice approaches that include Illness Management and Recovery and IPS/Supported Employment.

We believe people are social and have a deep-rooted desire to belong, so we create positive, pro-social opportunities where individuals can turn for a sense of belonging. With the right support, teaching, coaching, and nurturing, everyone can realize their goals.

COMPREHENSIVE SERVICES FOR ADULTS WITH MENTAL & BEHAVIORAL HEALTH CHALLENGES

Concord (603) 229-3900

Bradford (603) 938-5014

Bethlehem (603) 869-0027

REFERRALS COME FROM NEW HAMPSHIRE
HOSPITAL AS WELL AS COMMUNITY MENTAL
HEALTH CENTERS.