



NFI North

Inspiring and empowering people to reach their full potential and live successfully in their community

WHO ARE WE?

NFI North was created at a time when people who had mental health needs were institutionalized due to a lack of community services. As a result of this widespread practice, people's lives and futures were adversely affected.

Today, stigma and discrimination still exist—but as millions of us raise our voices, harmful misconceptions are beginning to decrease. NFI North believes that people thrive best on their own and in their community. We provide services that empower and inspire people to reach their full potential.

NFI North provides an array of services across Maine and New Hampshire. The agency is an accredited, well-recognized, high-quality, nonprofit organization whose focus is on helping people help themselves. We accomplish this by providing specialized education, counseling, supported employment, care management, foster care, residential services, as well as many other services designed to meet the needs of the people we serve.



Kelly, Age 7



MISSION FOCUSED



HIGHLY QUALIFIED STAFF



**IN HOME & IN
COMMUNITY SERVICE
DELIVERY**



**INDIVIDUALIZED &
FAMILY FOCUSED
SERVICES**

OUR BELIEFS

- Participant driven services
- Each person has unique strengths, needs, and ideas
- People are capable of positive change and positive approach
- The best approach is trauma-informed, individualized, and holistic
- Education and skill-building are essential for sustainable growth
- Open, honest, ongoing communication is done in an environment of respect and dignity
- Treatment approaches are guided by cultural, linguistic, and gender-responsive competencies

ABOUT BRIDGE CROSSING

As part of NFI North and founded in 1996, Bridge Crossing has become one of the most innovative providers of children's residential mental and behavioral health services. Our passion for finding and implementing the most effective solutions burns bright. It's fueled by the support of donors, volunteers, families, foster and adoptive parents, state and town officials, and individuals who are drawn to Bridge Crossing's results. We are a residential program for children ages 5-14. We provide specialized education through our fully licensed day school, Bridge Crossing Academy. With over 24 years of caring for children, Bridge Crossing has a unique understanding of providing a safe, nurturing environment for children in crisis and the value of keeping families together as they work through trauma. We adapt our programs to accommodate the special needs of children and families and believe that when at all possible, children belong with their families. We strive to provide the support and structure that all children need and ensure that young people are physically and emotionally safe.

WHAT WE DO

FAMILIES BELONG TOGETHER

Our guiding vision is a commitment to helping children to return to their family or other home-like setting and involve families and significant others in the treatment process is essential to ensure the child's success. We work together- child, family, and staff- to create positive pathways to reunification. Parental and community involvement includes workshops and support groups for identified topic areas. We understand that people are social and have a deep-rooted desire to belong, so we create positive, pro-social opportunities where participants can turn for a sense of belonging. We believe that with the right support, teaching, coaching, and nurturing, everyone can advance and realize their goals.



FROM THE MOMENT A CHILD WALKS THROUGH OUR DOORS, WE SURROUND THEM WITH A SAFE AND LOVING ENVIRONMENT. WE PUT AN EMPHASIS ON BUILDING CONNECTIONS, TEACHING NEW SKILLS, AND DEVELOPING NEW POSSIBILITIES. WE BELIEVE THAT PLAYING TOGETHER AND CARING FOR OTHERS IS CRUCIAL TO A YOUNG CHILD'S DEVELOPMENT."

AMY SIEBERT, PROGRAM DIRECTOR

The earlier a young person and their family can access services, the more effective the services can be. Early intervention can help them to stay on track to achieving their life goals. Our program focuses on the whole person and their family and our on-site school meets the special education needs of our participants. Clinical services, including play therapy, help children and families to learn new and healthy coping strategies.

FOR MORE INFORMATION

Please call (844) NFI-HOPE or email Amy at AmySiebert@nafi.com.

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