NFI North

Inspiring and empowering people to reach their full potential and live successfully in their community

WHO ARE WE?

NFI North was created at a time when people who had mental health needs were institutionalized due to a lack of community services. As a result of this widespread practice, people's lives and futures were adversely affected.

Today, stigma and discrimination still exist—but as millions of us raise our voices, harmful misconceptions are beginning to decrease. NFI North believes that people thrive best on their own and in their community. We provide services that empower and inspire people to reach their full potential.

NFI North provides an array of services across Maine and New Hampshire. The agency is an accredited, well-recognized, high-quality, nonprofit organization whose focus is on helping people help themselves. We accomplish this by providing specialized education, counseling, supported employment, care management, foster care, residential services, as well as many other services designed to meet the needs of the people we serve.

MISSION FOCUSED

HIGHLY QUALIFIED STAFF

IN HOME & IN COMMUNITY SERVICE DELIVERY

INDIVIDUALIZED & FAMILY FOCUSED SERVICES

OUR BELIEFS

- Participant driven services
- Each person has unique strengths, needs, and ideas
- People are capable of positive change and positive approach
- The best approach is trauma-informed, individualized, and holistic
- Education and skill-building are essential for sustainable growth
- Open, honest, ongoing communication is done in an environment of respect and dignity
- Treatment approaches are guided by cultural, linguistic, and gender-responsive competencies

ABOUT SUMMIT VIEW

As part of NFI North and founded in 1998, Summit View has become one of the most innovative providers of children's residential mental and behavioral health services. Our passion for finding and implementing the most effective solutions burns bright. It's fueled by the support of donors, volunteers, families, foster and adoptive parents, state and town officials, and by our strong relationship with the public school system.

We are a residential program for youth ages 10-21 who have psychosocial and mental health needs. We create treatment plans and interventions that are personalized to meet the changing needs of our participants. Youth and families actively participate in their treatment plan.

We adapt our programs to accommodate the special needs of youth and families and believe that when at all possible, children belong with their families. We strive to provide the support and structure that all youth need and ensure that young people are physically and emotionally safe.

WHAT WE DO

FAMILIES BELONG TOGETHER

Our guiding vision is a commitment to helping children and youth to return to their family or other home-like setting and involving families and significant others in the treatment process is essential to the youth's success. We work together- youth, family, and staff- to create positive pathways to reunification. Parental and community involvement includes workshops and support groups for identified topic areas. We understand that people are social and have a deep-rooted desire to belong, so we create positive, pro-social opportunities where participants can turn for a sense of belonging. We believe that with the right support, teaching, coaching, and nurturing, everyone can advance and realize their goals.

> A CRITICAL COMPONENT OF OUR PROGRAM IS DEVELOPING A POSITIVE PEER CULTURE. TOGETHER WE PROVIDE COMMUNITY SERVICE BECAUSE WE BELIEVE HELPING OTHERS INCREASES SELF-ESTEEM AND RESILIENCY - BOTH OF WHICH ARE CRUCIAL FOR OUR ADOLESCENTS TO SUCCESSFULLY TRANSITION INTO ADULTHOOD."
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> KATIE FREEMAN, PROGRAM DIRECTOR

The earlier a young person and their family can access services, the more effective the services can be. Early intervention can help them to stay on track to achieving their life goals. Our program focuses on the whole person and their family and our on-site school meets the special education needs of our participants. Clinical services and professional supports help children and families to learn new and healthy strategies.

FOR MORE INFORMATION

Please call (844) NFI-HOPE or email the Program Director at KatieFreeman@nafi.com.

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