NFI North

Inspiring and empowering people to reach their full potential and live successfully in their community

WHO ARE WE?

NFI North was created at a time when people who had mental health needs were institutionalized due to a lack of community services. As a result of this widespread practice, people's lives and futures were adversely affected.

Today, stigma and discrimination still exist—but as millions of us raise our voices, harmful misconceptions are beginning to decrease. NFI North believes that people thrive best on their own and in their community. We provide services that empower and inspire people to reach their full potential.

NFI North provides an array of services across Maine and New Hampshire. The agency is an accredited, well-recognized, high-quality, nonprofit organization whose focus is on helping people help themselves. We accomplish this by providing specialized education, counseling, supported employment, care management, foster care, residential services, as well as many other services designed to meet the needs of the people we serve.

MISSION FOCUSED

HIGHLY QUALIFIED STAFF

IN HOME & IN COMMUNITY SERVICE DELIVERY

INDIVIDUALIZED & FAMILY FOCUSED SERVICES

OUR BELIEFS

- Participant driven services
- Each person has unique strengths, needs, and ideas
- People are capable of positive change and positive approach
- The best approach is trauma-informed, individualized, and holistic
- Education and skill-building are essential for sustainable growth
- Open, honest, ongoing communication is done in an environment of respect and dignity
- Treatment approaches are guided by cultural, linguistic, and gender-responsive competencies

ABOUT FINSON ROAD

As part of NFI North and founded in 1998, Finson Road was established to provide a supportive and caring residence that provides rehabilitative services for adults (60+) who experience mental health challenges.

The program focuses on living together in a shared living space and co-existing as a community - where FRIENDS provide the pillars of our functioning. These pillars are: Fellowship, Respect, Individualized, Enhanced, Nurturance, Dignity and Support.

At Finson Road, program participants who reside here are members of a family – each belonging to this healthy community which include peers, relatives and staff. Regular groups are held weekly; including a community meeting, a house group, social group and regular activities in the community. Monthly outings include a community meal, coffee dates, church services, family visits, farmers markets, concerts in the park, attendance at the theatre, community service and more.

WHAT WE DO

WE ARE A COMMUNITY OF F.R.I.E.N.D.S
We believe that with the right support, teaching, coaching, and nurturing, everyone can advance and realize their goals. At Finson Road participants and their teams, which include providers, significant persons in their lives and staff, meet to develop highly individualized treatment plans.

Goals are varied and based in community inclusion. Often goals include:

- self care
- interpersonal development
- family dynamics
- skill acquisition, development and maintenance.

> FINSON ROAD IS A SPECIAL PLACE WHERE PEOPLE CAN AGE IN PLACE WHILE SURROUNDED BY FRIENDS AND SUPPORT. REGAINING THE SKILLS, RIGHTS, AND PRIVILEGES THAT TIME AND ILLNESS HAS TAKEN FROM THEM. HERE THEY ARE REUNITED WITH FAMILY AND COMMUNITY AS THEY GRACEFULLY CONTINUE INTO THEIR ELDER YEARS."
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> JAY BOWKER, PROGRAM DIRECTOR

Our daily activities and weekly outings are purposefully designed to encourage more active living among participants. We believe these social opportunities encourage participants to become more engaged in their new setting and instill a sense of belonging and emotional well-being. Participants are assisted with tasks ranging from preparing meals, scheduling and attending appointments, follow up with requests for information, medication administration, treatments, and more.

FOR MORE INFORMATION
Please call (207) 945-3099 or email Jay at JayBowker@nafi.com.
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