



North American Family Institute

A Place to Belong

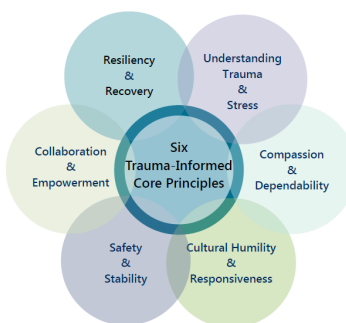


NFI North is your complete resource for mental and behavioral health care services that support children, adults, seniors, and families across Maine and New Hampshire.

We are dedicated to empowering individuals and families with personalized care based on shared values of Belonging, Dedication, Empathy, Resilience, and Trust. At NFI North, we believe in the power of connection that creates a sense of belonging. We celebrate building meaningful relationships for people within our Community of Care and beyond, fostering an environment where everyone feels seen, heard, and valued. We believe in direct communication and honest actions, measuring our integrity by how we uphold these commitments every day.

NFI North's network of care includes individual and family counseling, therapeutic programs, and other support services designed to empower everyone we serve to reach their full potential. Join us in creating a world where mental and behavioral health services are accessible to everyone creating

A Place to Belong.



NFI North Follows SAMSHA's
Substance Abuse & Mental Health Services
Administration trauma model of care

People We Serve

- Children
- Teens
- Adults
- Families

Our Professional Partners

- Case Managers
- Mental Health Providers
- Behavioral Specialists
- Care Coordinators
- Family Counselors
- State/Regional Directors
- Academic Leaders
- Healthcare Providers

NFI North Regions We Serve*

- Maine
- New Hampshire

* See additional NAFI locations
in other states at [NAFI.com](https://www.nafinorth.org)

1-844-NFI-HOPE
(1-844-634-4673)

[NFINorth.Org](https://www.nafinorth.org)



North American Family Institute | [NAFI.org](https://www.nafinorth.org) Our parent organization, North American Family Institute (NAFI) is a private, nonprofit mental health and behavioral health services agency, delivering more than 110 programs and services across eight states from Maine to Florida.

TrECC

Serving youth ages 6-21 and their families with transitions into and out of residential care or psychiatric hospitalization.

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The Transitional Enhanced Care Coordination (TrECC) program by NFI North is dedicated to supporting youth aged 6 to 21 and their families through critical life transitions.

Transitions can be tough.

Whether moving into or out of residential treatment or recovering from psychiatric hospitalization, TrECC is there to provide compassionate, expert guidance during these challenging times.

At the heart of TrECC is a belief in the resilience of families and the power of thoughtful care. The program addresses not only the immediate needs of youth but also the underlying challenges that impact their mental and emotional well-being. Through collaboration with families, communities, and support systems, TrECC creates customized plans for healing, recovery, and successful transitions home.

TrECC is more than a program—it's a lifeline for families in need, offering stability and guidance in moments of uncertainty. With the support of dedicated professionals, families can envision a brighter future and build the foundation for lasting success.

"At TrECC, we believe in the strength of families and the resilience of young people. Every step forward, no matter how small, is a victory toward healing and hope. Our mission is to walk alongside families, helping them rediscover their potential and build brighter tomorrows together."

Nicole Wright
Program Director
TrECC



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